



Roots of Resistance:

Chokma,





**PROTECT
YOUR
HEARTS,
FRIENDS**

A little about

me...





Hihanni W

You've journeyed
through the darkness
and there is new
hope in this new





Where I come

from

The Role of Hope in Sex

- Traffickers target people who lack hope
- Traffickers offer counterfeit hope.
- People who are trafficked also often experience dire



Questions For Us

How are offering hope to those around us, to survivors, and to people in our communities?
Today:

How are we nurturing hope within ourselves, personally, and in our work?

How are we planting seeds of hope for future generations?

**What if hope is the
ultimate form of**



Hope Defined:

THE BELIEF THAT THE FUTURE CAN BE
BETTER THAN TODAY AND THAT WE
HAVE THE POWER TO MAKE IT SO.

- CHAN HELLMAN, PHD, HOPE RESEARCH CENTER



When We Don't

Have Hope:

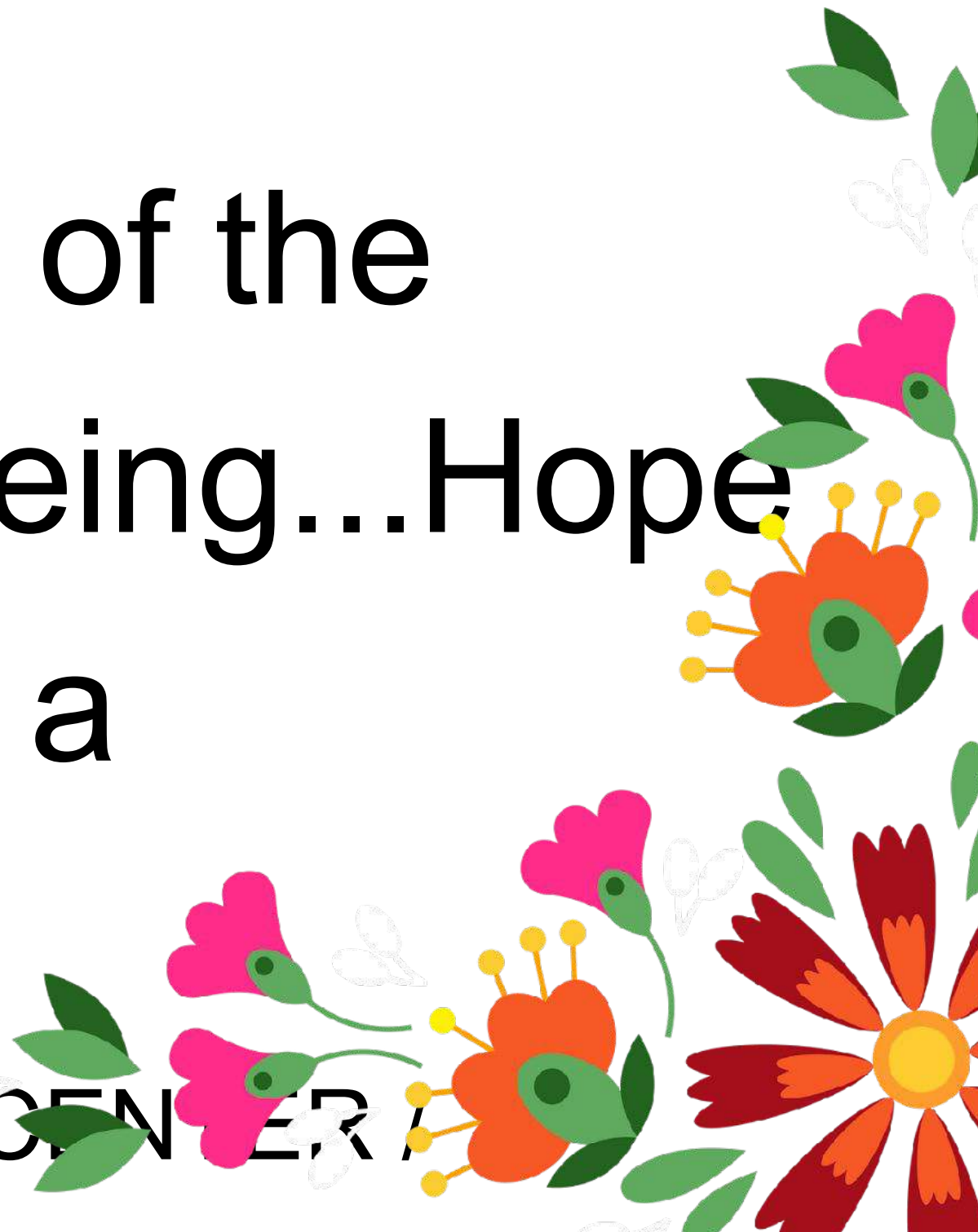
- inability to set long-term OR ASPIRATIONAL GOALS
- Increased anger, frustration, anxiety,



Why Hope?:

“Our capacity for hope is one of the strongest predictors of well-being...Hope begets hope, and it has such a significant protective factor.”

- CHAN HELLMAN, PHD, HOPE RESEARCH CENTER





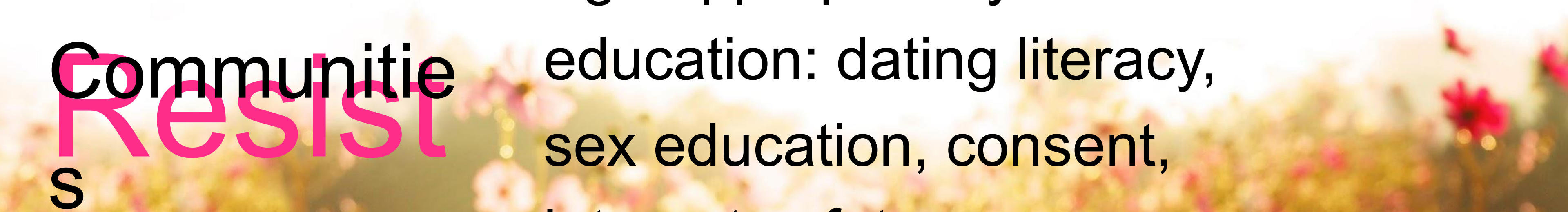
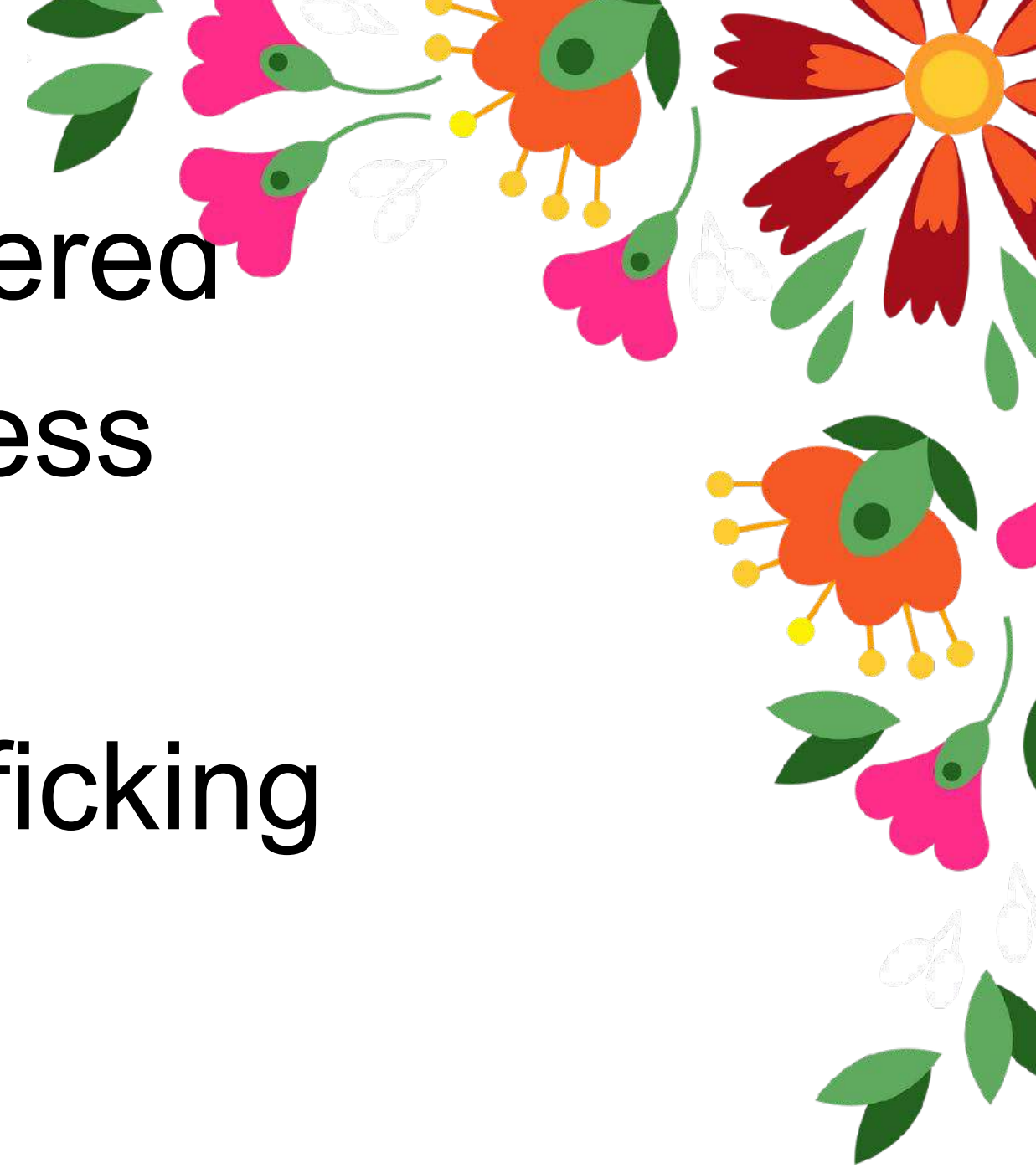
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In Ourselves
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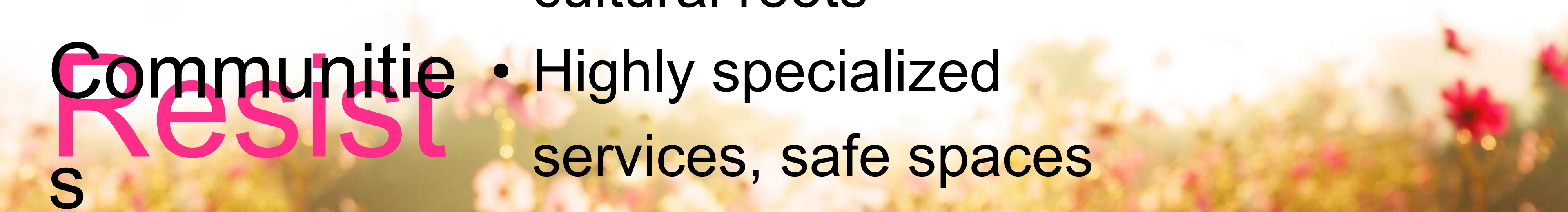
- Survivor voice-centered community awareness
- Trauma informed, specialized sex trafficking training for frontline professionals
- Age appropriate youth education: dating literacy, sex education, consent,



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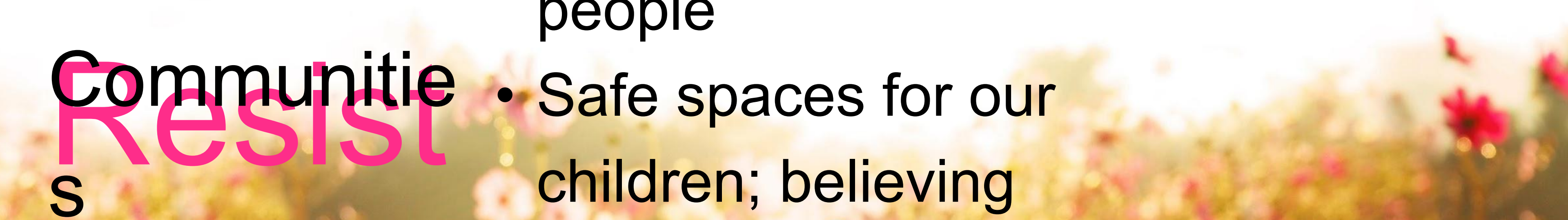
- Engineered circles of safety, belonging
- Purposeful pathways for individuals to forge (or reforge) connections with their cultural roots
- Highly specialized services, safe spaces



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- Parenting/mentoring strategies that reinforce the sacredness of women and girls, people
- Safe spaces for our children; believing





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A Closing

Thought
Resist





Friends,
hihanna

waste!

There is new

