## De-Escalation of Situations & MMIW Awareness

MMIW Indian Capital Youth Engagement Team Anadarko, OK

### MMIW Indian Capital Youth Engagement Team "Voices of Prevention"

### Agenda

Definitions Goals Awareness Activity Steps to Remember



#### De-Escalation of Situations

Obtaining information and brief description of de-escalating situations by utilizing safe actions and tools to alleviate physical harm and gaining awareness of environment and others.





#### Definitions

#### DE-ESCALATE: REDUCE INTENSITY OF A CONFLICT OR POTENTIALLY VIOLENT SITUATION

VERBAL: RELATING TO OR IN FORMS OF WORDS

VERBAL JUDO:

"THE ACT OF REDIRECTING A PERSON'S BEHAVIOR"

ALSO KNOWN AS TACTICAL COMMUNICATION AS IT HAS COME TO BE CALLED, ALLOWS TO WORK EFFECTIVELY WITH INDIVIDUALS REGARDLESS OF THE KIND OF DAY HE OR SHE IS HAVING. LEARNING EFFECTIVE TACTICAL COMMUNICATION BEGINS WITH PROFESSIONALISM, OR LEARNING HOW TO COMMUNICATE BETTER THAN THE PEOPLE SERVED.

THIS TACTIC TEACHES COPS TO TALK BEFORE THEY SHOOT

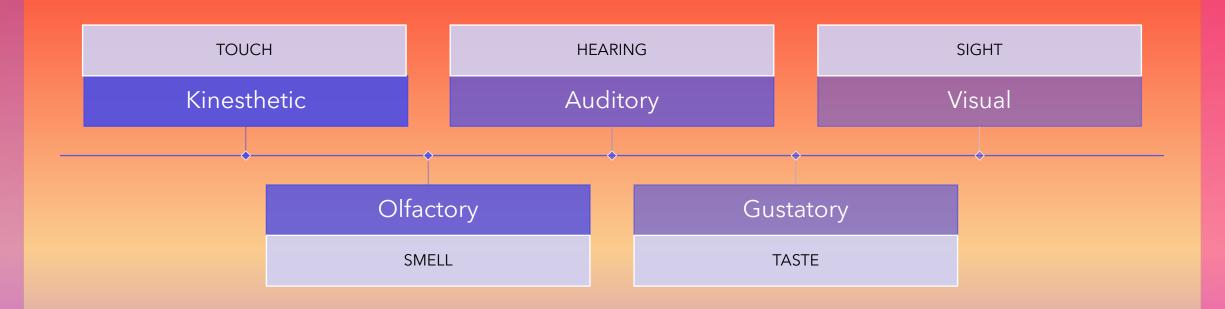






"To better understand the mind of another, we must first understand our own mind."

#### 5 Senses of the Nervous System



3/1/20XX

#### **GROUP** ACTIVITY

AUDITORY GROUPS OF 3 SNAPPING CLAPPING

CRINKLED PAPER

**KINESTHETIC** GROUPS OF 3

KNEE TOUCHING

HAND OR FINGERS

VISUAL

GROUPS OF 3 CHANGE SOMETHING

#### COMMENTS

AUDITORY

#### KINETHESTIC



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SAMPLE FOOTER TEXT

#### Steps to Remember

Analyze Self What are you feeling? What does your body language say?

Analyze Others

Effective Communication 70% of communication is misunderstood Rapport must be established before effective communication can take place Empathy Vs. Sympathy Paraphrasing Get on the same level

#### 5 Universal Truths

- \*All people want to be treated with dignity and respect.
- \*All people want to be asked rather than told to do something.
- \*All people want to be informed as to why they are being asked or ordered to do something.
- \*All people want to be given options rather than threats.
- \*All people want a second chance when they make a mistake.

# Why is this important?

Prevent

Adapt

Act

Assess





#### How to Prevent?



#### Thank you

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